PERFORMANCE



UEFA TECHNICAL TEAM ATHLETIC TRAINERS MENTAL COACH **PHYSIOTHERAPIST VIDEO ANALYST NUTRITIONIST** SPECIFIC TECHNICAL TRAINER

SUMMER CAMP 2022

2 WEEKS

Monday July 4 - Sunday July 17, 2022 Monday July 18 - Sunday July 31, 2022 2 900€

4 WEEKS

Monday July 4 - Sunday July 31, 2022 5 500€

Registration is open to players born between 2006 and 2010.

DAILY PROGRAM





07h30 Breakfast

Wake up fitness and stretch



French lessons





Video analysis & Nutritionnal awareness



Hydrotherapy







* weekend program may vary

chateauroux@unitedworldacademy.com



ÉTOILES SUMMER CAMP 2022 The first step to becoming a pro!













Accommodation

We will provide you with a pleasant stay at the Regional Development Center (known as C.T.R) in Châteauroux, which is managed by French Football Federation.

The C.T.R is the leading institution to organise, supervise and regulate the practices for elite football in France. There, you will have on-site bedrooms equipped with private bathrooms, televisions and Wi-Fi.



ED WC RLD



FACILITIES

2 NATURAL GRASS FIELDS 1 ARTIFICIAL GRASS FIELD 1 BEACH SOCCER FIELD 1 FITNESS TRAIL 1 FUTSAL COURT



LOCKERS **COMMUNAL AREA** SPA & SAUNA







LA BERRICHONNE DE CHÂTEAUROUX is a proud partner of **UNITED WORLD ACADEMY**





Recognized as one of the most reputable historical clubs.

La Berrichonne de Châteauroux owns a highly rated Football Training Center, endorsed by football authorities in France and has been growing several big names of French football.









Our chefs cook three nutrionally balanced meals a day adapted to your diet.





